

READ THIS INFORMATION LEAFLET CAREFULLY BEFORE USING MULTI-GYN FLORAPLUS AND KEEP IT FOR REFERENCE

## Multi-Gyn FloraPlus

- + Treats and prevents vaginal yeast problems
- + Provides prebiotic stimulation of Lactobacilli
- + Relieves itch, irritation, odor and discharge
- + Prevents (recurring) Candida
- + Supports a healthy vaginal flora by its prebiotic effect
- + Counters harmful microorganisms without risk of resistance
- + Optimizes vaginal pH-value
- + Is bio-active, safe and natural

## How Multi-Gyn FloraPlus works

Multi-Gyn FloraPlus is a natural product, based on the patented bio-active 2QR-complex in combination with prebiotic components. The prebiotics are the nutritive components in FloraPlus that support the growth of the good and useful lactobacilli. Prebiotics in the formula of FloraPlus are a unique combination of vitamins, Amino Acids and monosaccharides. Multi-Gyn FloraPlus optimizes the vaginal flora and pH-value. 2QR-complex is a natural substance derived from plants and consists of bio-active polysaccharides. It has the unique ability to block adhesion of harmful bacteria and in this way it neutralizes these bacteria in an effective and natural way. The natural blocking and prebiotic effect is completely safe and harmless because it is not based on toxic substances or harsh chemicals and therefore there are no negative side effects. This unique combination makes Multi-Gyn FloraPlus the ideal product for a healthy vagina.

Multi-Gyn FloraPlus balances your vaginal flora by suppressing harmful microbes and by supporting the development of useful lactobacilli (lactic acid bacteria). Multi-Gyn FloraPlus thus creates an optimal and natural flora that prevents discomforts related to overgrowth of unwanted microorganisms such as candida. Therefore FloraPlus is highly effective in preventing (recurring) vaginal problems. It alleviates discomforts such as discharge, itch, irritations, redness and sensitivity.

Multi-Gyn FloraPlus is not an antimycotic, but through its unique mode of action a medical device class IIa.

## Indications

- after your period and after (unprotected) sex
- during or after the use of medication such as antibiotics
- when you swim often and during your vacation
- when you have discomforts such as itch, irritation, odor and discharge
- when you are sensitive to vaginal yeast infections FloraPlus is ideal, preventing and reducing growth of Candida (fungus) effectively
- ... and on all other occasions your vagina needs a little help.

## Directions for use

• **For treatment of vaginal yeast problems:**  
Use 1 single dose tube just before you go to sleep, for 5 consecutive days.

• **For direct relief of itch, irritation, odor and discharge:**  
Apply 1 single dose tube any time you need relief of such symptoms.

• **For prevention of vaginal problems** (such as recurrent yeast infections):  
To support the good lactobacilli and to protect against vaginal problems 1 application of FloraPlus every 3 days is sufficient.

Multi-Gyn FloraPlus should not be used longer than 30 consecutive days, so the vaginal flora can regulate itself without support. In case of persistent or recurrent complaints you should always contact your physician.

## Ingredients of Multi-Gyn FloraPlus

Multi-Gyn FloraPlus is a natural product, based on the bio-active 2QR-complex in combination with prebiotic components such as amino acids and vitamins. The unique formula does not contain hormones, ingredients of animal origin, harsh chemicals or perfume and it is safe and harmless.

**Active ingredients:** Galactoarabinan Polyglucuronic Acid Crosspolymer\*, Monosaccharides, Amino Acids, Vitamins  
\*2QR-complex: patented bio-active polysaccharides. [www.2QR.com](http://www.2QR.com)

Allergies to the ingredients of Multi-Gyn FloraPlus are very rare. When you have doubts apply a little bit of gel on the inside of the forearm. When an itching red spot appears we advise you not to use Multi-Gyn FloraPlus.

## Side effects

Because Multi-Gyn FloraPlus has an optimal acidity for the vagina and sperm is alkaline, the use of Multi-Gyn FloraPlus may reduce the activity of sperm. Therefore Multi-Gyn FloraPlus should not be used before and after intercourse when you wish to become pregnant. Multi-Gyn FloraPlus cannot be used as contraception. There are no other known side effects.

## Interference with medication

Multi-Gyn FloraPlus does not interfere with medication.

## Pregnancy and breastfeeding

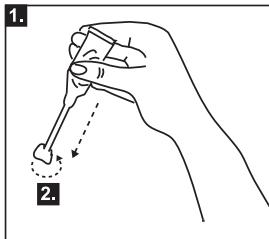
There are no known contraindications for the use of Multi-Gyn FloraPlus during pregnancy and while breastfeeding.

## Storage

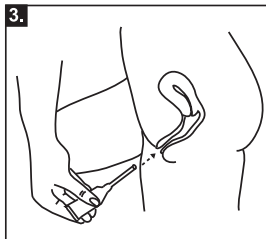
It is advised to keep Multi-Gyn FloraPlus between 10°C and 25°C (Room temperature).

## Application

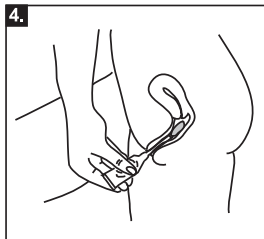
Multi-Gyn FloraPlus is a prebiotic vaginal gel that is to be inserted into the vagina. Each tube corresponds to a single application quantity. The prebiotic vaginal gel is applied directly into the vagina with a specially shaped applicator. After use dispose the tube. See the directions for use of the single dose tube in the drawings below.



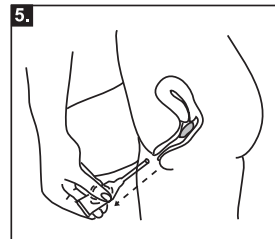
1. Shake the tube contents against the tip of the tube
2. Break off the tip of the tube by twisting it



3. Gently insert the thin end of the applicator (of the tube) into the vagina



4. Gently squeeze the tube to apply the gel into the vagina



5. Continue squeezing the tube while removing it

**Note:** The tube is designed to apply the recommended amount of gel. When used as directed, a small amount of gel will remain in the tube.