

# Blephademodex

## Sterile preservative-free cleansing wipes

### Intended use:

BLEPHADEMODEX is recommended:

- for daily hygiene of the eyelids when there is inflammation caused by large numbers of *Demodex* mites,
- for the relief of symptoms of eyelid inflammation caused by *Demodex*.

*Demodex* is the most common microscopic skin parasite. Large numbers of *Demodex* mites can contribute to chronic eyelid inflammation (blepharitis). *Demodex* is not removed by usual daily cleansing products. The presence of eyelash dandruff, which remains at the base of the eyelash, is a strong sign of infection from *Demodex* mites.

BLEPHADEMODEX cleans away crusts, eyelash dandruff, impurities, mites and debris that cause eyelid inflammation. BLEPHADEMODEX improves symptoms related to *Demodex* infestation, such as itching, burning, dryness and inflammation of the eyelid margin, by removing *Demodex* mites.

The redness on the eyelid margin and the sensation of something being in the eye are reduced.

Sensitive skin is soothed and regenerated by sodium hyaluronate, a natural skin moisturising agent.

BLEPHADEMODEX is formulated with Terpinen-4-ol and is well tolerated as it is free from detergents and preservatives.

BLEPHADEMODEX has a formula without perfume, and may give a fresh smell due to its ingredients. This smell disappears after a few minutes.

The colour of the wipe (lotion) may vary. This is due to natural plant extracts and is normal.

### Useage:

Mild to moderate symptoms: Use once a day, preferably in the evening for 4 weeks.

Moderate to severe symptoms: Use twice a day, morning and evening for 4 weeks.

Your healthcare professional may change the use and the duration of treatment depending on how severe your symptoms are.

As with other similar treatments for blepharitis, the use of artificial tears at the same time might be recommended by your healthcare professional.

BLEPHADEMODEX can be used from 18 years old onwards.

### Instructions for use:

If you wear contact lenses: you must remove them before using BLEPHADEMODEX.

Open a sachet and unfold the wipe inside. Place the wipe on top of the index finger and wrap it around.

Keep the eye closed, gently apply the pad to the eyelids and the base of the eyelashes.

Carefully massage the eyelids with small circular movements, gently removing any crusts, eyelash dandruff or secretions.



Repeat on the other eye, using a new wipe.

BLEPHADEMODEX is non-greasy and does not need to be rinsed after use.

Keep your eye closed for 15 seconds after application.

### Precautions for use and warnings:

For skin use only.

Avoid getting BLEPHADEMODEX into the eye, or you may feel a burning sensation. If this happens, rinse with sterile water or saline solution.

BLEPHADEMODEX is a sterile single-use only product. Do not re-use, as this may lead to a lower cleansing effect and can increase the risk of infection.

Do not use the wipe if the sachet is opened or damaged.

Do not use after the expiry date clearly marked on the outer box and on the sachet. The expiry date refers to the product in intact packaging, stored correctly.

Any wipe should be thrown away after use into the household waste.

Stop using BLEPHADEMODEX and contact your health care professional if your symptoms get worse or if you notice any allergic reaction.

### Contra indications:

Do not use if you are younger than 18 years old since no data are available.

Do not use if you are pregnant or breast-feeding since no data are available.

Do not use if you are allergic to any ingredient.

Store between 8 and 25°C.

KEEP OUT OF THE SIGHT AND REACH OF CHILDREN.

### Possible side effects:

The following side effect was reported: burning sensation after use.

If you notice any side effects, please contact your doctor, ophthalmologist, pharmacist or the manufacturer.

### Product description:

Sterile wipe, impregnated with a lotion.

Lotion contains: PEG-8, Polysorbate 80, Poloxamer 184, Terpinen-4-ol, PEG-6 caprylic/capric glycerides, Macrogol 6 glycerol caprylocaprate, Sodium hyaluronate, Dipotassium phosphate, Potassium dihydrogen phosphate, Purified water.

Date of revision of the instructions for use:

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### Manufacturer

Laboratoires THEA  
12, rue Louis Blériot  
63017 Clermont-Ferrand Cedex 2  
France



Store between 8 and 25°C



Do not re-use



Do not use if package (sachet) is damaged



Sterilised using irradiation



Consult instructions for use



Caution



Use-by date



Batch number

CE 0459

